



# REVIEWS

## BOOKS

Reviewed by Ruth Parnell

### MIND CONTROL, OSWALD & JFK: WERE WE CONTROLLED?

by Lincoln Lawrence with Introduction  
by Kenn Thomas

Publisher: Adventures Unlimited Press,  
USA, 1997

ISBN: 0-932813-46-1 (223pp s/c)

Price: AUD\$27.00; NZD\$28.95;

STG£16.00; NFL£32.00; USD\$16.00

Distributors: **Aust/NZ/UK/Eur**— NEXUS  
offices; **USA**—Adventures Unlimited,  
PO Box 74, Kempton, IL 60946, ph  
(815) 253 6390, fax (815) 253 6300.

First published in 1967, *Were We Controlled?* is an underground conspiracy classic that argues that mind-control technologies were an intrinsic part of the JFK assassination scenario. It is written by the pseudonymous Lincoln Lawrence, about whom little is known. However, the context and connections of his story are expanded upon by Kenn Thomas (editor, *Steamshovel Press*) in his weighty, well-footnoted introduction to this welcome new edition.

Lawrence's hypotheses have a compelling logic and deserve recognition especially in view of advances in remote neural monitoring (see NEXUS 3/03), and suggestions that Timothy McVeigh of OK bombing infamy was/is a mind-controlled implantee.

As "The Rumor" goes, a shadowy group ("The Group") with German, Argentinian and possibly Nazi links, engineered a huge NY stock market crash to coincide with the JFK assassination (which they also set up), earning themselves a cool half-billion in the

process. In the late 1950s, a "Mr One" had arranged for Lee Harvey Oswald to "defect" in Moscow to join a "behavior control program". Without his knowledge, he was implanted with a tiny radio receiver and subsequently became a "sleeper", "available anytime to perform assassinations at the will of a remote controller".

Considering when this book was written and the technologies it documents (Radio Hypnotic Intracerebral Control, RHIC, and Electronic Dissolution of Memory, EDOM), it's not hard to believe that, in the ensuing 30 years, mind-control technologies have become increasingly sophisticated and are being selectively, insidiously and regularly used against unwitting populations.

### DEADLY FEASTS: Tracking the Secrets of a Terrifying New Plague

by Richard Rhodes

Publisher: Simon & Schuster, USA, 1997

ISBN: 0-684-83260-8 (251pp h/c)

Price: AUD\$29.95; NZD\$34.95;

STG£16.50; NFL£48.00; USD\$24.00;

Distributors: **Aust**—Simon & Schuster, ph  
(02) 9417 3255; **NZ**—Macmillan, ph (09)  
415 6677; **UK**—NEXUS Office; **Europe**—  
NEXUS Office; **USA**—Simon & Schuster,  
ph (212) 698 7000.

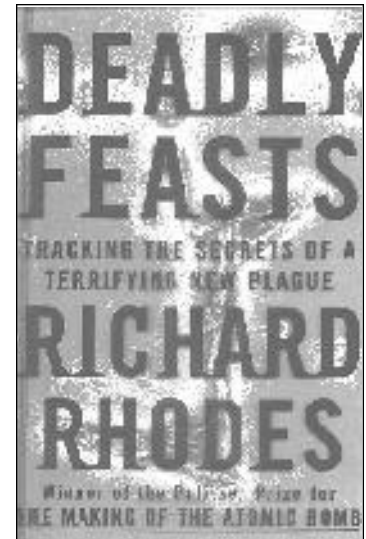
*Deadly Feasts* is a warning that we are under serious threat from emerging "stealth" diseases possibly caused by so-called "prion" (pron. "pree-on") protein agents. Not only do they lurk in the meat of animals fed with animal proteins (turning vegetarian ruminants into carnivores), these disease agents may also infect milk and cheese, growth hormones, vaccines, transplant organs, gelatin, soap, leather and even garden bonemeal.

As cases of fatal variant-CJD brain disease are now on the rise, particularly among young adults in Britain and Europe, we may be seeing the first signs of an epidemic and proof that "mad cow disease" has crossed the species barrier (see article in this issue).

Pulitzer Prize-winning author Richard Rhodes begins the story in the mid-'50s with the Fore tribe of New Guinea, where US scientist Dr Carleton Gajdusek and Australian colleagues were studying the brain-eating disease kuru. Gajdusek saw a link between cannibalistic rituals of the women and children and their high mortality rate.

Over the decades he and other scientists observed and researched the similarities between kuru, sheep scrapie, CJD, BSE and other variants which all produce their own version of spongy holes in the brain.

Rhodes' alarming story is one of blood



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sweat and tears, of scientific triumphs and occasional opportunism, of the shortsightedness and greed on the part of governments and industry. And while the exact make-up and action of prions are still to be determined (despite the recent, perhaps premature award of a Nobel Prize), we should be very careful about what we consume.

### OPENING TO THE INFINITE

by Alice Bryant and Linda Seebach

Publisher: Wild Flower Press, USA, 1997

ISBN: 0-926524-43-7 (300pp s/c)

Price: AUD\$34.00; STG£10.99;

NFL\$34.00; USD\$16.95 + \$4.00 p&h

Distributors: **Aust**—Cameron Books, ph

(0247) 587676; fax (0247) 589047; **UK**—

Counter Culture, ph 01823 698895;

**Europe**—NEXUS Office; **USA**—Blue Water

Publishing, PO Box 190, Mill Spring, NC

28756, ph (704) 894 8444, 1800 366

0264, fax (704) 894 8454.

There is much more to reality than what we can perceive with the five physical senses of our three-dimensional world. Humans have the ability to be multidimensionally aware, to access hyperspace, to experience layers beyond the known and to integrate these experiences into their lives in the physical world.

All too often, individuals in whom these potentials are highly developed have these gifts socialised out of them at an early age, or may even be diagnosed as mentally ill. As authors Alice Bryant and Linda Seebach point out in their new book, *Opening to the Infinite*, these multidimensionally-aware individuals are the "trailblazers" of the next

step in human evolution, and their gifts should be recognised and nurtured for what they can teach all of humanity.

While such gifted people have always been amongst the human race—as shamans, sages, visionaries and psychics—Bryant and Seebach believe that increasing numbers of children are being born in recent years with already highly developed awareness of their gifts and their purposes in life.

Expanding their thesis, the authors draw on the experience and wisdom of several such trailblazers who have integrated their gifts into their lives. Taking in the views of key exponents of hyperspatial reality, such as Ingo Swann, Dr James Hurtak, Dr Andrija Puharich, Ken Wilbur, Robert Monroe and Jose Arguëlles, they arrive at crucial definitions of what constitutes the multidimensional human potential inherent in us all.

### A COVERT AGENDA: The British Government's UFO Top Secrets...

by Nicholas Redfern

Publisher: Simon & Schuster, UK, 1997

ISBN: 0-684-81937-6 (368pp h/c)

Price: AUD\$29.95; NZD\$34.95 (available

April '98); STG£18.50

Distributors: **Aust/NZ**—Simon & Schuster;

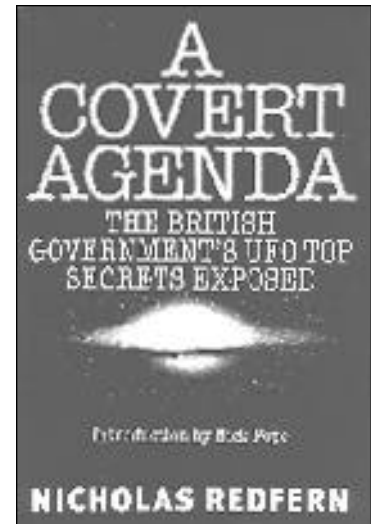
**UK**—NEXUS Office.

According to the evidence presented by UFO researcher/author Nicholas Redfern in his book, *Covert Agenda*, British airspace has been penetrated regularly by UFOs since at least the late 1940s.

While the official UK Ministry of Defence stance is not to acknowledge that UFOs and alien races may be a potential threat, the documents uncovered in recent years confirm that the threat has been real enough to justify the existence of several top-secret

groups devoted to investigating as well as covering up the mystery. Implicated are the DI55 and the Directorate of Scientific and Technical Intelligence (DSTI) under the Defence Intelligence Staff (DIS), the Royal Air Force Provost and Security Services, the Flying Complaints Flight and others. Their association with the US National Security Agency and Defense Intelligence Agency attests to the global nature of "the threat".

In *Covert Agenda*, Nicholas Redfern argues that the documentary evidence he's collected from previously classified files, as well as from RAF and civilian pilots, military personnel and radar operators who've had varying manner of close calls with UFOs, speaks so loudly that it's time the conspiracy of silence was ended. Whether this conspiracy is based on the truth being too shocking to be revealed, or the powers-





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that-be being powerless to handle the threat, or something else, is open to conjecture.

Redfern is certainly convinced that there is an active alien presence on Earth (though he doesn't make distinctions between different races of aliens reportedly involved here), and that it may soon be officially confirmed.

### **VIRTUAL GOVERNMENT: CIA Mind Control Operations in America**

by Alex Constantine

Publisher: Feral House, CA, USA, 1997

ISBN: 0-922915-45-8 (303pp s/c)

Price: AUD\$30.00; STG£n/a; NFLf30,00; USD\$14.95 + p&h

Distributors: **Australia**—Cameron Books, ph (0247) 587676; **UK**—Turnaround, ph 0171 609 7836; **Europe**—NEXUS Office; **USA**—Adventures Unlimited, ph (815) 253 6390, fax (815) 253 6300.

Conspiracy researcher Alex Constantine's new book, *Virtual Government*, goes far to explain why the United States seems to exist in a "parallel universe". Ironically, sci/tech advances have helped consolidate the power base of a secret government whose reality is far from virtual to its victims.

Constantine (author of *Psychic Dictatorship in the USA*) traces the murky beginnings of mind control to at least the last days of WWII when top Nazi scientists, military brass and businessmen were integrated into the US military-intelligence-industrial complex. Rising from the ashes after the War were new "alphabet agencies" like the CIA and NSA. Hellbent on fulfilling their charters ever since, mind-control operations have been both their *modi operandi* and their *raison d'être*.

In *Virtual Government*, Constantine critiques a diverse cast of (mostly shady) characters within their multi-layered plots: the CIA's Operation *Mockingbird* that engineered the takeover of the US press so as to program public opinion; manipulation of cults as fronts for mind-control ops; development of "alien abduction" covers; disinformation behind remote viewing (some exponents perhaps being given too scathing a treatment); conspiracy surrounding the O.J. Simpson case; Nazi-style psychiatry in Canada; horrific abuse of children; controversy over Timothy McVeigh being a programmed "patsy"; and much, much more.

Each section of this book is heavily referenced (though, regrettably, an index missing), and contains enough leads and links to take even the most ardent conspiracy researchers into new areas of investigation.



### **THE FEMINIZATION OF NATURE: Our Future at Risk**

by Deborah Cadbury

Publisher: Hamish Hamilton/Penguin Group, London, UK, 1997

ISBN: 0-241-13746-2 (314pp h/c)

Price: AUD\$35.00; NZD\$49.95;

STG£17.99; NFLf60,00; CAN\$35.00

Distributors: **Aust/NZ/UK/Canada**—Penguin Books; **Europe**—NEXUS Office.

We are in the grip of an environmental and health disaster that could spell the end of our species, and it is of our own making. Some man-made chemicals, such as DDT, PCBs, pesticides and phthalates have been found to behave like oestrogens when released into the environment, and changes observed in animals and humans (e.g., a decline in male sperm quantity and quality, and a rise in testicular, prostate and breast cancer) are now known to be linked.

How this important connection was made is described in *The Feminization of Nature*, by BBC TV science journalist Deborah Cadbury, who produced the acclaimed documentary *Assault on the Male* in 1993.

Cadbury examines the compelling evidence from key researchers in the field—such as Prof. Niels Skakkebaek (the Danish male-infertility specialist who found a 50 per cent decline in sperm count over a 50-year period), Dr Theo Colburn (the scientist who set alarm bells ringing over sex changes in Florida alligators with her co-authored book, *Our Stolen Future*), and Prof. John McLachlan (who identified xeno-oestrogens in the environment over 20 years ago).

So, what options do we have to alleviate this mess, short of banning all suspect chemicals? We can adopt strategies that minimise our exposure to chemicals, pesticides

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and plastics; we can (try to) drink pure water, reduce our fat intake (many chemicals accumulate in fatty tissue) and eat organically-grown foods (Danish organic farmers have sperm counts almost twice the national average). But is it all too late?

### LIFE EXTENSION: Disease Prevention and Treatment Protocols 1997

by William Faloon

Publisher: Life Extension Media, 1997

ISBN: 0-9658777-0-1 (282pp s/c)

Price: AUD\$29.95 + AUD\$5.00; NZ add

AUD\$12.00; STG£n/a; USD\$26.95;

CAN\$33.00

Distributors: **Aust/NZ**—Life Extension Australia, PO Box 2041, Meadow Heights, Vic. 3048; ph (03) 9302 3624, fax (03) 9302 3045; **UK/Ireland**—Tony Quinn

Health Centre, ph (353) 1830 4211;

**USA**—The Life Extension Foundation, PO Box 229120, Hollywood, FL 33022-9120, ph (954) 766 8433, 1800 841 5433, website: [www.lef.org](http://www.lef.org).

Much needless suffering is caused because people are not aware that proven alternative cures and treatments for their various illnesses already exist. By publishing this book of "wellness" protocols, The Life Extension Foundation hopes to dispel ignorance and alleviate pain. The Foundation, founded in the US in 1980, funds scientific research and promotes products aimed at improving the quality of life.

The majority of the protocols covered in this book have been validated in studies that have gone through the peer-review process and been published in the world's most

respected medical journals. Unfortunately, most of the advances have been passed over by the medical establishment despite their scientific and clinical validation.

Over 100 LEF treatment protocols are included, covering a range of physical and mental illnesses from allergies and depression to vertigo and yeast infections. The emphasis is on the correct balance of natural, non-toxic alternatives including anti-oxidants, vitamin, herbal and mineral supplements, and improved dietary regimens—all, of course, to be considered in consultation with a qualified health-care professional. The sections on treatment of cancers are particularly detailed and noteworthy.

Included in the appendices are caveats that individuals with specific problems should be aware of when considering particular alternative therapies, plus an extensive reference section that relates to each disease and protocol discussed in the book.

### WHERE SCIENCE WENT WRONG

by Peter Bros

Publisher: Financial Book Partners, Springfield, VA, USA, 1997

ISBN: 0-9627769-7-1 (226pp s/c)

Price: AUD\$28.00; NZD\$n/a; STG£n/a;

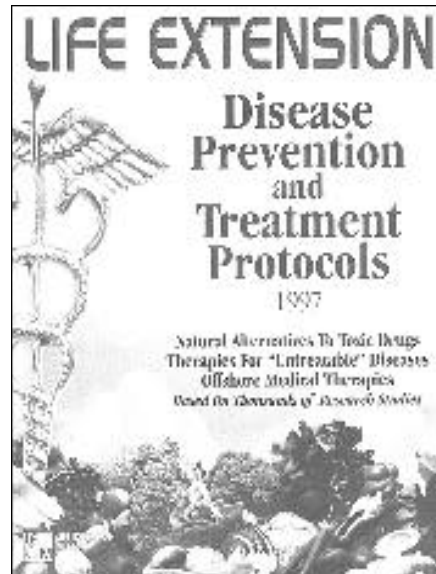
NFL£34.00; USD\$15.95 + p&h

Distributors: **Australia/NZ/UK/Europe**—NEXUS offices; **USA**—Financial Book Partners, ph (703) 971 9141, fax (703) 971 1628; Adventures Unlimited, ph (815) 253 6390, fax (815) 253 6300.

With a title as blatant as *Where Science Went Wrong*, readers can expect a certain amount of vitriol, and they certainly won't be disappointed, for author Peter Bros is utterly scathing in his criticism of empirical science. Indeed, he argues that none of its claims has any basis in physical reality.

Bros asserts that fundamental scientific "facts" are nothing but misconceptions—beliefs that are piled up on top of misperceptions that lead to further misconceptions, creating a fabric of falsehood. Basic questions about how physical reality operates, what causes things to move, what the nature of energy and light really is, have not been answered by empirical science, yet we have taken basic assumptions into our belief systems as though they were fact. We have confused properties with causes, e.g., we assume gravity to be the result of an unknown force acting on matter, but fail to realise this gives no explanation for what causes the force in the first place.

Peter Bros' thesis is equally applicable to the atomic as well as the cosmic universe, and without resorting to equations (who needs them when they're wrong anyway?), he presents a well-reasoned argument that shows up the anomalies and logical fallacies





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in scientific doctrine in an entertaining, often extremely irreverent manner.

While Peter Bros sure isn't winning friends amongst the scientific orthodoxy, his views will surely help reshape our thinking into the next century and beyond. But if you want to know how he resolves this crisis in science, you had better refer to other books in his Copernican Series.

### THE MYSTERY OF THE CRYSTAL SKULLS: Unlocking the Secrets of the Past, Present and Future

by Chris Morton & Ceri Louise Thomas

Publisher: Thorsons, UK, 1997  
ISBN: 0-7225-3485-X (395pp h/c)  
Price: AUD\$55.00; NZD\$49.95;  
STG£22.00; NFLf63,00

Distributors: Aust/NZ— HarperCollins Publishers; UK/Europe— NEXUS offices.

For we media-watchers at NEXUS, the UK-sourced TV documentary, *The Mystery of the Crystal Skulls*, was one of the viewing highlights of 1997. Now, its independent producers, Chris Morton and Ceri Louise Thomas, have expanded their fact-finding into an in-depth book.

According to various native legends, there are 13 crystal skulls in existence, but not all of the skulls found so far are part of this esteemed group. There are more that are yet to be discovered—and they will be, according to transmissions from the most famous crystal skull of all, the Mitchell-Hedges skull, found in Belize in the mid-1920s (see *Twilight Zone* this issue, and *NEXUS* 2/22).

During channelled communication sessions, this crystal skull conveys messages from an extradimensional intelligence—on the existence of other skulls, their creation by thought, and their purpose as information storage and communication vehicles.

Some of the skull's messages point to imminent discoveries of vestiges of their long-lost civilisation in Australia, under the water near Bimini and in the Dead Sea. Others are warnings about the state of our scientific ignorance, our erratic weather, livestock dying in great numbers, the Earth's magnetic field shifting and the planet's axis tilting. And still, it is not yet time for all the skull collective's records to be revealed!

In considering the wealth of knowledge passed down by the Maya and Aztec native people, the scientific evidence that defies analysis, the otherworldly warnings and the life-changing effects on those who deal with some of these skulls, Morton and Thomas conclude that they have important spiritual messages to be heeded for our times.

### THE SUPERGODS

by Maurice M. Cotterell

Publisher: Thorsons, UK, 1997  
ISBN: 0-7225-3462-0 (253pp h/c)  
Price: AUD\$39.95; NZD\$49.95;  
STG£16.99

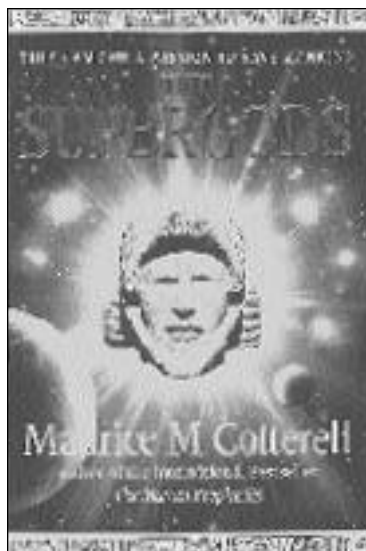
Distributors: Aust/NZ/UK— HarperCollins Publishers, Thorsons.

Author, scientist and engineer Maurice Cotterell unravels a little more of the mystery of the Maya of Central America in his latest book, *The Supergods*.

He reiterates the extraordinary astronomical and mathematical knowledge possessed by the Maya, whose calendar began in 3113 BC with the "birth of Venus"—a timing which suggests that a magnetic field reversal of the Sun occurred then, which was strong enough to cause Venus to shift on its axis. Cotterell discovered that the Sun's magnetic field reverses itself every 3,740 years, and that the long-term sunspot cycle reflects the rise and fall of civilisations. He has decoded numbers relating to this from many artefacts, suggesting that the Maya had a clearer window on the universe than perhaps any other civilisation that has existed on Earth. (The Appendices cover this in great detail.)

Significantly, the Temple of Inscriptions at Palenque and its treasures, the tomb of Pacal Votan and Lid of Palenque (dated to circa 743-783 AD) contain clues to the hidden mysteries of the Maya cosmos. The very structure of the Temple has correlations with the golden mean *phi* ratio of 1.618:1. By superimposing drawings from the Lid on top of each other and highlighting key sections in colour, Cotterell continues to find new images revealed which suggest the fulfilment of important prophecies in our times.

Cotterell contends that Pacal Votan was not only known by different names in the



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region over the millennia due to his reincarnating at key periods, but was a "Supergod" on a par with (if not one and the same as) Krishna, Buddha and Jesus Christ who came to Earth "on a mission to save mankind".

### **JOURNEY INTO THE NEW MILLENNIUM: Transmissions from Sirius** by Wendy Munro

Publisher: Triad Publishers, Cairns, Queensland, Australia, 1997  
ISBN: 0-646-23473-0 (244pp s/c)  
Price: AUD\$25.00; NZD\$/n/a;  
STG£10.50; USD\$/n/a  
Available: Aust/NZ/UK/USA— NEXUS offices.

According to various channelled and esoteric sources, humanity (indeed, the entire planet) is undergoing a total physical and spiritual transformation. One particular source, channelled from the Sirius system by Wendy Munro (a Western Australia-based psychologist and clairvoyant of 20 years' experience), not only has messages in common with other high-integrity channelled material, it has a great deal more to add. Munro has painstakingly gathered many years of Sirian transmissions for her book, *Journey into the New Millennium*.

The Sirian entities have a keen, compassionate interest in our development, and reveal details about alien influences in our past that have been detrimental to our progress. Indeed, they claim that the barriers placed on our genetic structure and endocrine systems have now been removed and are being "recalibrated" to accept the higher vibrational energies that have been



coming in through a vortex from Sirius in the last few years. Our metamorphosis into multidimensional awareness should be complete by the year 2012—when time as we know it will cease, as the Maya have said.

With an emphasis on love, joy and freedom from fear, the Sirians are assisting us on our great Aquarian Age adventure, providing information on 'the big picture', on interdimensional intelligences and cosmic energy, the nature of time, space and mind, Earth changes, new technologies and arts, health and longevity, alchemy, magic, and more. Despite imminent trials and tribulations, we have a golden future ahead of us.

### **VACCINATION: A Parent's Dilemma** by Greg Beattie

Publisher: The Oracle Press, Aust, 1997  
ISBN: 1-876308-00-1 (144pp s/c)  
Price: AUD\$22.00; NZD\$25.00;  
STG£10.50; USD\$22.00 (prices inc. p&h)  
Distributors: **Australia/USA—** NEXUS Magazine, ph +61 (0)7 5442 9280, fax +61 (0)7 5442 9381; **NZ/UK—** NEXUS offices.

Concerned parent Greg Beattie decided to investigate the vaccination issue when his first child reacted adversely to a measles shot. He and his wife Jacqui chose to discontinue vaccinations for this child and their subsequent six children until they could be convinced of the safety of the vaccines. Their in-depth investigation of "the literature" could not change their minds.

Meantime, Beattie founded a community-based vaccination awareness group to disseminate information that seemed to have escaped the attention of doctors. His "encyclopaedic knowledge" of the subject came to the fore when his local Maroochy Shire Council, in Queensland, refused entry to one of its child-care facilities to two of their unvaccinated children. Challenging the Council's decision, Beattie took his case to the Human Rights Commission in Brisbane.

Despite his own rigorous cross-examination of the Council's "expert" witnesses, and evidence presented by notable researcher Viera Scheibner, PhD, the Commissioner found against him in a decision that smacks of a lack of grasp of the facts, a travesty of administrative justice or a set-up.

Greg Beattie's book, *Vaccination: A Parent's Dilemma*, is in part a record of his test case but more so it is an exploration of the alleged benefits of vaccination which, when the literature is carefully examined, amount to very few. Beattie presents a balanced, rational analysis of the statistics associated with vaccination for whooping cough, measles, polio and other diseases and recommends that the proven dangers must be considered by all concerned parents.



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## TOXIC DECEPTION

by Dan Fagin, Marianne Lavelle and the Center for Public Integrity

Publisher: Birch Lane Press, USA, 1996  
ISBN: 1-55972-385-8 (319pp h/c)  
Price: AUD\$45.00; STG£22.50;  
NFL\$50.00; USD\$24.95; CAN\$34.95  
Distributors: **Aust**—Cameron Books, ph (02) 4758 7676; fax (02) 4758 9047;  
**UK/Europe**—NEXUS offices; **USA/Canada**—Carol Publishing Group, ph (201) 866 0490.

The pervasiveness of toxic chemicals in our air, soil and water, in our food and in our homes, is mind-bogglingly alarming; but the complicity of chemical companies and regulatory agencies in keeping toxic products on the market (despite safer, cheaper alternatives available) is truly diabolical.

As suggested in the subtitle, "How the Chemical Industry Manipulates Science, Bends the Law, and Endangers Your Health", *Toxic Deception* exposes the chemical manufacturers' dirty tactics and practices, and while it focuses on the dire state of the US, its messages are applicable everywhere. It is the result of a three-year research project by the Center for Public Integrity, a non-profit group devoted to ethics-related issues. Environmental journalists Dan Fagin and Marianne Lavelle were recruited to the project, interviewing 200 key sources over two years.

The authors concentrate on four carcinogenic chemicals—Atrazine and Alachlor weed-killers, perchloroethylene (used in dry cleaning), and formaldehyde (the ubiquitous preservative/binder)—but experiences are similar with hundreds of other chemicals. Horror stories involve: falsification of data; manipulation of research results; denigration

and persecution of independent scientists and concerned citizens at odds with the industry; use of medical interest groups, PR fronts and the media in "damage control" to allay valid public health concerns; perversion of the course of justice; out-of-court payments with "no talk" clauses; and more.

But rather than leave us feeling totally hopeless and helpless, the authors do suggest strategies by which we can reduce the chemical risks in our lives and sidestep a corrupt system that is blind to Nature.

## THE ESTROGEN ALTERNATIVE

by Raquel Martin with Judi Gerstung

Publisher: Healing Arts Press, USA, 1997  
ISBN: 0-89281-645-7 (217pp s/c)  
Price: AUD\$24.95; NZD\$32.95;  
STG£10.99; USD\$12.95

Distributors: **Aust**—E. J. Dwyer P/L, ph (02) 9550 2355; **NZ**—Tandem Press, ph (09) 480 1452; **UK**—Deep Books, ph 0171 232 2747; **Europe**—NEXUS Office; **USA**—Healing Arts Press, ph (802) 767 3174, 1800 246 8648; **Canada**—Publishers Group West; Alive Books, Toronto.

Enough women have found the side-effects of synthetic hormone replacement therapy (HRT) so severe that they are resorting to class-action lawsuits. If only they (and their doctors) had known about safer, natural alternatives sooner...

This new book, *The Estrogen Alternative*, is a welcome addition to the now steadily growing body of literature on options that are low in side-effects and high in add-on benefits. Health writer Raquel Martin, a sufferer of early menopause, went on a mission to explore alternatives to synthetic HRT drugs when these were creating effects worse than her original problems. In producing this book she has collaborated with Judy Gerstung, DC (who has a special interest in prevention of osteoporosis), and worked extensively with Dr John Lee (who has years' clinical experience with natural hormone alternatives). Her approach is balanced, practical and personalised.

Martin has also drawn on scientific and medical studies which prove the efficacy of natural progesterone not only in alleviating menopausal symptoms, but also in treating PMS, endometriosis, fibroids, osteoporosis and cancer. Natural progesterone is derived from wild yam, containing diosgenin, a precursor of a number of hormones which is close to the form produced by our bodies—certainly closer than the synthetic varieties.

The numerous success stories that Martin cites are testimony to natural progesterone's benefits. Women (and doctors) keen to explore this option will find useful advice, references and resources (though US-oriented) included in the Appendices of this book.



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## VIDEOS

Reviewed by Duncan Roads

### 1997 AUSTRALIAN INTERNATIONAL UFO SYMPOSIUM VIDEOS

Producer/Distributor: Global Vision Productions, PO Box 246, Brunswick Heads, NSW 2483, Australia, ph 1800 628316 toll-free in Aust, fax +61 (0)2 6680 1881, e-mail gvision@om.com.au

Prices: see below. Postage: AUD\$7.00 in Australia; overseas AUD\$12.00 plus \$5.00 each extra tape; for other formats (e.g. NTSC in USA) add AUD\$10.00 per tape.

The 1997 Symposium had the biggest and best line-up of ufology 'names' ever assembled in Australia. The presentations were high quality, and a good time was had by all. The standard of these videos is well above average for UFO conference tapes.

**SIMON HARVEY-WILSON (Australia)**  
CLOSE ENCOUNTERS, CONSCIOUSNESS AND THE PARANORMAL  
Price: AUD\$30.00

**JOE LEWELS, PhD (USA)**  
THE GOD HYPOTHESIS: NEW WORLDS DISCOVERED  
Price: AUD\$35.00

**TONY KENNISH (Australia)**  
CROP CIRCLES 1997  
Price: AUD\$35.00

**DR JAMES HURTAK (USA)**  
EXTRATERRESTRIAL & ULTRATERRESTRIAL REALITIES FOR THE FUTURE  
Price: AUD\$45.00  
Very informative presentation overviewing many types of aliens reported from around the globe. Excellent visuals.

**JAMES COURANT (USA)**  
SECRETS OF THE SECRET-KEEPERS: WHAT INSIDERS KNOW ABOUT UFOs  
Price: AUD\$35.00

**ADEMAR GEVAERD (Brazil)**  
NEW UFO OBSERVATIONS IN BRAZIL  
Price: AUD\$29.00  
Fascinating overview and update on the famous Varginha ET incidents in Brazil.

**REV. GLENNYS MACKAY (Australia)**  
ALIEN CONTACT, HYPNOSIS AND STRANGE PHENOMENA  
Price: AUD\$30.00

**GRAHAM BIRDSALL (United Kingdom)**  
UFO ACTIVITY IN THE UK  
Price: AUD\$35.00  
Brilliant speaker, great presentation with excellent visuals. A must-get video!

**PROFESSOR SUN SHI LI (China)**  
UFOs IN CHINA  
Price: AUD\$40.00

**WENDELLE STEVENS (USA)**  
THE MARINE SENTRY FROM AREA 51  
Price: AUD\$35.00  
Wendelle Stevens' article in this issue of NEXUS is a transcript of his 'bombshell' lecture. Get this video for the full picture.

**MARTIN GOTTSCHALL, PhD (Australia)**  
THE SEARCH FOR ARTIFICIAL GRAVITY  
Price: AUD\$35.00

**BUDD HOPKINS (USA)**  
THE UFO PHENOMENON  
Price: AUD\$40.00  
Hopkins presented an entirely different talk from that published in the *Proceedings*. Instead, he pushed us to believe there are only Grey aliens, and any other aliens we may have seen are just memory implants put there by nasty Grey aliens! Hmmmm...

**WARREN ASTON (Australia)**  
DISCOVERING THE ALIEN AGENDA  
Price: AUD\$30.00  
Presents the Udo Wartena case as a springboard for exploring some fascinating aspects of UFO research itself.

**CECILIA DEAN (USA)**  
Price: AUD\$30.00  
Protocols for handling UFO experiencers.

**ROBERT DEAN (USA)**  
THE TIME HAS COME: THE GREATEST STORY...MUST NOW BE TOLD  
Price: AUD\$35.00  
A great visual round-up of UFOs through history; plus a description of his own experiences at SHAPE (the military arm of NATO). Very inspirational ending!

**GIORGIO BONGIOVANNI (Italy)**  
FROM THE HEAVENS TO EARTH  
Price: AUD\$45.00  
The famous Italian stigmatist shares his message which the Virgin Mary gave to him in Portugal in 1989. Also presents some interesting Russian UFO material.

**ALFRED BIELEK (USA)**  
THE PHILADELPHIA EXPERIMENT  
Price: AUD\$45.00  
Includes a history of the Philadelphia Experiment, the Montauk Project and his involvement in these classified projects.

**PANEL OF SPEAKERS**  
Price: AUD\$45.00

**GIORGIO BONGIOVANNI (Italy)**  
A SPIRITUAL HEALING EVENING  
Price: AUD\$48.00





# REVIEWS

## AUDIO

Reviewed by Richard Giles

### KILIM

by Nikola Parov

Producer: Nikola Parov for Rykomusic, UK, 1997

Price: AUD\$30.95, USD\$15.98 (CD)

Distributors: **Aust**—Festival Records, ph (02) 9660 4022; **UK**—Hannibal/Rykodisc, London; **USA**—Hannibal/Rykodisc, Salem.

Out of the Riverdance phenomenon, a huge creative surge has been born. Nikola Parov was a part of the orchestra. On *Kilim* he's taken music and instruments from his Hungarian background, and with backup from other Riverdance musicians has produced an exciting middle-European treat. Some incredibly foot-stamping sounds on the album, especially the first track, "Anonym", are mixed with softer pieces like "Trance Danubis" and "The Diva's Smile", making it a fine collection of creative music.

### DEEP IN DIDGE

by Tribal Trance

Producer: Andrew Higgins for Tribal Trance, Queensland, Australia, 1997

Price: AUD\$14.95 (cass); AUD\$24.95 (CD) (inc. local & overseas p&h) (51mins)

Distributor: **Aust**—Tribal Trance Records, c/- Post Office, Mapleton, Qld 4560.

Local Sunshine Coast musicians Matt Pickup, Penny Lane, Nelson Lane and Rodger Bradshaw have released their second album. Their first, *Didgin' in the Dirt*, won a regional award, and *Deep in Didge* has since won a production award. Matt's didgeridu playing is some of the most unique and laudable didge-playing I have heard. He seems to hold the soul of the didge spirit in his heart. Sensitive vocals and a deep attunement to the Australian world sound make this an excellent album.

### HALIM

by Natacha Atlas

Producer: Essam Rashad for Warner Chappell Music Ltd, UK, 1997

Price: AUD\$29.95 (CD) (71mins)

Distributors: **Aust**—Shock Records, ph (03) 9482 3666; **UK**—Beggars Banquet, ph 0181 8702 9912.

This woman is absolutely wild! If you love that full Eastern sound of traditional Arab/Moroccan/Egyptian music mixed with modern arrangements, then Natacha Atlas will wow you on *Halim*. She grew up in the Moroccan suburbs of Brussels, becoming devoted to Arab culture. She's worked with Peter Gabriel, Jah Wobble and Trans-Global Underground, and contributed to the soundtrack of the movie, *Stargate*. Described var-

iously as "thrilling", "sulky", "evocative", "divine" and "a national treasure", Natacha Atlas has the voice of a goddess combined with the power to turn your legs to jelly.

### MUSIC OF OLYMPIC NATIONAL PARK by Mars Lasar

Producer: Mars Lasar for Real Music, Sausalito, CA, USA, 1996

Price: AUD\$19.95, USD\$9.98 (cass); AUD\$29.95, USD\$15.98 (CD) (57mins)

Distributors: **Aust**—New World Productions, ph (07) 3367 0788; **USA**—Real Music, ph (415) 331 8278.

Situated in the heart of Washington state and spread over almost a million acres, Olympic National Park is one of America's great wilderness areas, rich with lakes, mountains and meadows, elk, deer, salmon, whales and seals. Mars Lasar's newest work is grand, panoramic music that recreates the incredibly wild feel of the rivers, glaciers and forests of the park. An exceptional album, surpassing all Lasar's previous work.

### TRAVEL THE WORLD WITH PUTUMAYO (A compilation)

Producer: Dan Storper for Putumayo World Music, NY, USA, 1997

Price: AUD\$19.95, USD\$9.98 (cass); AUD\$29.95, USD\$15.98 (CD) (59mins)

Distributors: **Aust**—MRA Entertainment, ph (07) 3849 6020; **USA**—Putumayo World Music, ph (212) 995 4458.

Putumayo Music began in 1990 when Dan Storper set out to bring music to people from other cultures in the world. His first release was in 1993. *Travel the World...* celebrates the release of 12 albums and includes samples from each. They range from the island music of Maria Alice, the Celtic swing of Capercaillie, the musical strength of jazz guitarist Brian Hughes (who plays lead guitar for Loreena McKennitt), the women's songs of Vonda Shepard, the African pop sound of Wadini, and more. Laid back, international music.

